

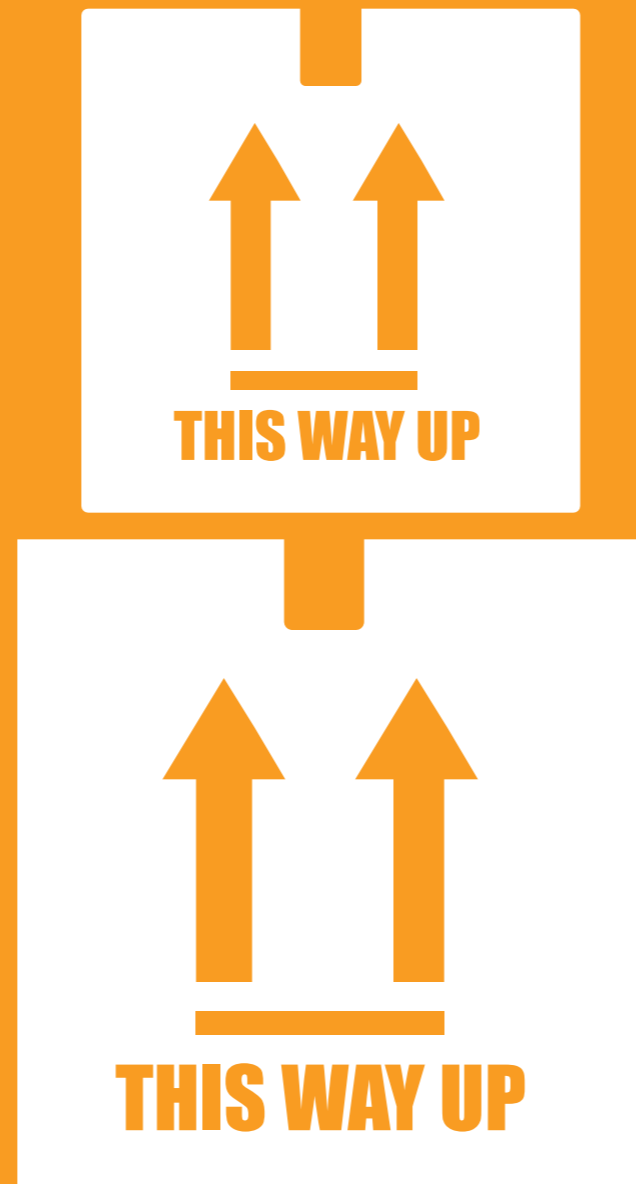


Tips for a smoother move abroad

from the Foreign & Commonwealth Office and A Place in the Sun

Don't rush into buying abroad

Visit the area and consider renting first. Take time to make an informed choice.



Do your homework

Visit expat forums to get a feel for the area, and research the local laws and customs.



Be a part of the community

Making an effort to learn the local language can help you settle in to your new home.

Hello, nice to meet you

Hola, un placer conocerte

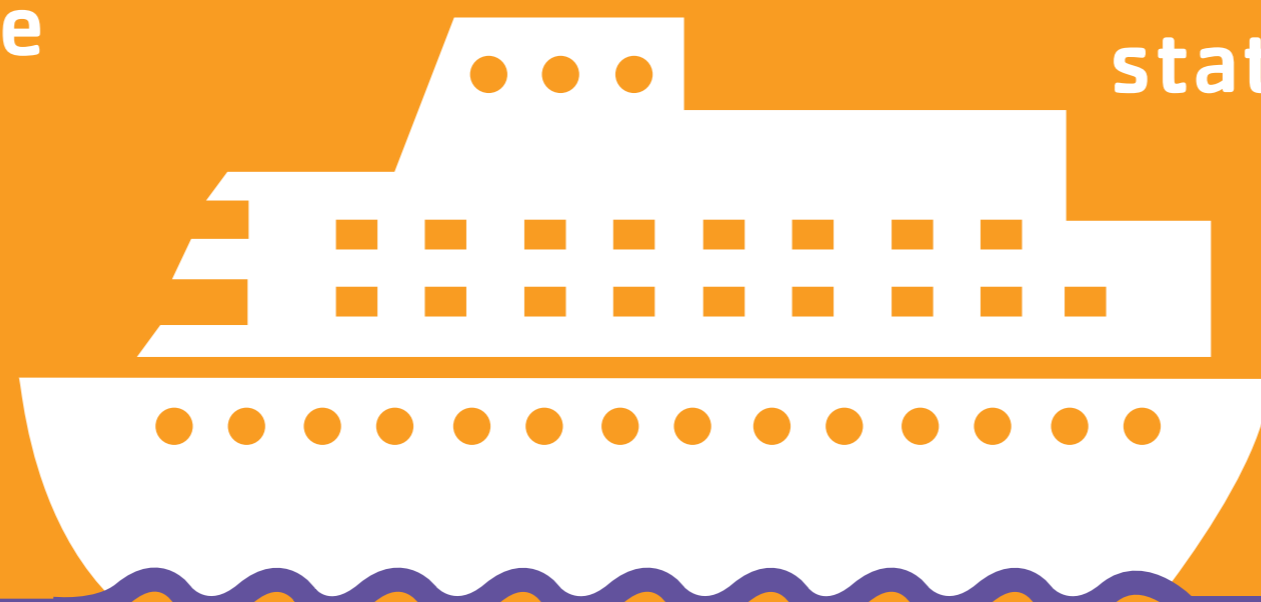


Consider your long-term financial requirements

Find out how exchange rates and inflation will affect your income, pension and/or benefits, and calculate the cost of living.

Read up on tax regulations

Research the taxes that will apply to you in your new home and in the UK at gov.uk/tax-right -retire-abroad -return-to-uk



Plan for your health

Take out health insurance until you are registered under the local state system. Visit [nhs.uk/NHS England/Healthcareabroad/movingabroad](http://nhs.uk/NHSEngland/Healthcareabroad/movingabroad)



Seek independent legal advice

Choose a legal advisor who understands the law in the country you are moving to. For advice on buying a property abroad visit gov.uk/guidance-for-buying-property-abroad



Tell us you're leaving

You need to notify:

- Social Security Office
- HM Revenue & Customs
- Department of Work & Pensions
- Your GP

For more information visit gov.uk/browse/abroad/living-abroad



Know before you go

